

ST. JOSEPH'S COLLEGE, PRAYAGRAJ

POST CENTENARY XLII ANNUAL ATHLETIC MEET 2026-27

EVENT LIST

CLASS	DIVISION
CLASS 11 TH & 12 TH	'O'
CLASS 9 TH & 10 TH	'A'
CLASS 7 TH & 8 TH	'B'
CLASS 6 TH	'C'
CLASS 5 TH	'D'
CLASS 4 TH	'E'
CLASS 3 RD	'F'

S.NO	CLASS 11 TH & 12 TH 'O' DIV.	CLASS 9 TH & 10 TH 'A' DIV.	CLASS 7 TH & 8 TH 'B' DIV.	CLASS 6 'C' DIV.	CLASS 5 'D' DIV.	CLASS 4 'E' DIV	CLASS 3 'F' DIV
1	100 MTR HURDLES	100 MTR HURDLES	100 MTR HURDLES	100 MTR HURDLES	100 MTR RACE	100 MTR RACE	100 MTR RACE
2	100 MTR RACE	100 MTR RACE	100 MTR RACE	100 MTR RACE	200 MTR RACE	200 MTR RACE	200 MTR RACE
3	200 MTR RACE	200 MTR RACE	200 MTR RACE	200 MTR RACE	2 KM WALK	LONG JUMP	LONG JUMP
4	400 MTR RACE	400 MTR RACE	400 MTR RACE	400 MTR RACE	LONG JUMP		
5	800 MTR RACE	800 MTR RACE	800 MTR RACE	600 MTR RACE	HIGH JUMP		
6	1500 MTR RACE	1500 MTR RACE	1500 MTR RACE	3 KM WALK	SHOTPUT		
7	3000 MTR RACE	3000 MTR RACE	3 KM WALK	LONG JUMP	DISCUS		
8	5 KM WALK	5 KM WALK	LONG JUMP	TRIPLE JUMP	4X100 MTR RELAY		
9	LONG JUMP	LONG JUMP	TRIPLE JUMP	HIGH JUMP			
10	TRIPLE JUMP	TRIPLE JUMP	HIGH JUMP	SHOTPUT			
11	HIGH JUMP	HIGH JUMP	SHOTPUT	DISCUS			
12	SHOTPUT	SHOTPUT	DISCUS	JAVELIN			
13	DISCUS	DISCUS	JAVELIN	4X100 MTR RELAY			
14	JAVELIN	JAVELIN	4X100 MTR RELAY				
15	4X100 MTR RELAY	4X100 MTR RELAY	SLOW CYCLE RACE				
16	SLOW CYCLE RACE	SLOW CYCLE RACE	FAST CYCLE RACE				
17	FAST CYCLE RACE	FAST CYCLE RACE					


PRINCIPAL


SPORTS COORDINATOR

ST. JOSEPH'S COLLEGE, PRAYAGRAJ

142ND ANNUAL ATHLETIC MEET – 2026-27

PRE CONDUCTED EVENTS/HEATS

S.NO	EVENT	SELECTION DATE	TOURNAMENT DATE	REMARK
1	INTER HOUSE KABADDI	27.10.2026	28 th & 29 th October 2026	
2	INTER HOUSE HANDBALL	28.10.2026	2 nd & 3 rd November 2026	
3	INTER HOUSE BASKETBALL	16.11.2026	17 th November 2026	
4	INTER HOUSE TABLE TENNIS	29.10.2026	4 th November 2026	
5	INTER HOUSE TENNIS	1.11.2026(Sunday)	2 nd & 3 rd November 2026	
6	CROSS COUNTRY RACE	6.11.2026		

S.NO	DATE	EVENT	DIVISION/GROUP	TIME
1	2.11.2026(MONDAY)	SHOTPUT	O & A DIVISION	6.00 AM
		JAVELIN	B & C DIVISION	6.00 AM
		SHOTPUT	B & C DIVISION	6.30 AM
		JAVELIN	O & A DIVISION	6.30 AM
2	3.11.2026(TUESDAY)	100 MTR RACE	O,A,B,C & F DIVISION	1.30 PM
		LONG JUMP	D DIVISION	1.30 PM
		LONG JUMP	O,A,B & C DIVISION	6.00 AM
		100 MTR RACE	E DIVISION	1.30 PM
3	4.11.2026(WEDNESDAY)	200 MTR RACE	O,A,B & C DIVISION	2.00 PM
		LONG JUMP	F DIVISION	1.30 PM
		800 MTR RACE	O,A & B DIVISION	6.00 AM
		600 MTR RACE	C DIVISION	6.30 AM
4	5.11.2026(THURSDAY)	LONG JUMP	E DIVISION	1.30 PM
		100 MTR RACE	D DIVISION	1.30 PM
		100 MTR HURDLES	O,A,B & C DIVISION	2.00 PM
		DISCUS THROW	O & A DIVISION	6.00 AM
5	6.11.2026(FRIDAY)	DISCUS THROW	B & C DIVISION	6.30 AM
		DISCUS THROW	D DIVISION	1.30 PM
		200 MTR RACE	F DIVISION	1.30 PM
		CROSS COUNTRY RACE 2026		
6	10.11.2026(TUESDAY)	5 KM WALK	O & A DIVISION	6.00 AM
		3 KM WALK	B & C DIVISION	6.00 AM
		TRIPLE JUMP	O,A,B & C DIVISION	1.45 PM
		200 MTR RACE	D DIVISION	1.30 PM
7	12.11.2026(THURSDAY)	HIGH JUMP	O,A,B & C DIVISION	6.30 AM
		SHOTPUT	D DIVISION	1.30 PM
		400 MTR RACE	O,A,B & C DIVISION	1.30 PM
		200 MTR RACE	E DIVISION	1.30 PM
8	13.11.2026(FRIDAY)	1500 MTR RACE	O,A & B DIVISION	6.00AM
9	16.11.2026(MONDAY)	3000 MTR RACE	O & A DIVISION	6.00 AM
		2 KM WALK	D DIVISION	2.00 PM
		4X100 MTR RELAY	O,A,B,C & D DIVISION	2.30 PM
		SLOW CYCLE RACE	O,A & B DIVISION	3.00 PM

		SLOW CYCLE RACE	O,A & B DIVISION	3.00 PM
10	16.11.2026 (MONDAY)	TUG OF WAR WEIGHTS	RED HOUSE BLUE HOUSE GREEN HOUSE GOLD HOUSE	8.30 AM 9.30 AM 10.30 AM 11.30 AM
11	17.11.2026(TUESDAY)	HIGH JUMP	D DIVISION	2.00 PM
12	18.11.2026	FAST CYCLE RACE	O,A & B DIVISION	2.00 PM
13	17 th TO 19 th November 2026	TUG OF WAR LEAGUE TOURNAMENT 2026		

RULES AND REGULATIONS

1. Kindly adhere to the Dates and Timings of selections.
2. No Prior selections and announcements by the respective houses before the selection dates mentioned above.
3. For Athletics, One participants can take part in a maximum of four events only, excluding the Relay, Fast Cycle Race, Slow Cycle Race and Cross Country Race.
4. To be eligible for Athletic Individual Championship one should have participated both in track and field events.
5. Some of the events require Heats to select the participants for the finals. The timings, and not the position at the Heats, will decide the qualifiers for the finals.
6. The participants may use spikes/sports shoes.
7. No participants will be allowed to run bare foot.
8. House T-shirt and black shorts are compulsory.
9. Attendance on the day of the selections and the tournaments is compulsory.

IMPORTANT INSTRUCTIONS

- 1. Entry Restrictions:** Parents are not permitted to enter the school premises during the selection trials, heats, or competitions. You may drop off your child at the main gate and wait in the designated waiting area.
- 2. Prohibition on Video Recording:** Video recording of any event is strictly prohibited for everyone, including students and teachers.



Principal



Sports Coordinator

ST. JOSEPH'S COLLEGE, PRAYAGRAJ

INTER-HOUSE HANDBALL TOURNAMENT 2026

Selection Schedule — 28 October 2026

S.NO	HOUSE	REPORTING/SELECTION TIME
1	GOLD	1.45 PM
2	RED	2.30 PM
3	GREEN	3.15 PM
4	BLUE	4.00 PM

FIXTURES 2026

DAY 1 – MONDAY, 2 NOVEMBER 2026			
MATCH NO.	TIME	CATEGORY	FIXTURE
1	8.00 TO 8.40 AM	JUNIOR	GOLD VS RED
2	8.40 TO 9.20 AM	SENIOR	GREEN VS BLUE
3	9.20 TO 10.00 AM	JUNIOR	GREEN VS BLUE
4	10.00 TO 10.40 AM	SENIOR	GOLD VS GREEN
5	10.40 TO 11.20 AM	JUNIOR	GOLD VS GREEN
6	11.20 TO 12.00 PM	SENIOR	RED VS BLUE
DAY 2 – TUESDAY, 3 NOVEMBER 2026			
7	8.00 TO 8.40 AM	JUNIOR	RED VS BLUE
8	8.40 TO 9.20 AM	SENIOR	GOLD VS RED
9	9.20 TO 10.00 AM	JUNIOR	GOLD VS BLUE
10	10.00 TO 10.40 AM	SENIOR	GOLD VS BLUE
11	10.40 TO 11.20 AM	JUNIOR	RED VS GREEN
12	11.20 TO 12.00 PM	SENIOR	RED VS GREEN

RULES AND REGULATIONS

Categories and Eligibility

1. Junior Category: Students of Classes VI to VIII.
2. Senior Category: Students of Classes IX to XII.
3. House Masters must verify the eligibility of all players before submitting the final team lists.

Team Composition

1. Each team may consist of a maximum of 16 players, including two goalkeepers.
2. A maximum of seven players, including one goalkeeper, may be on the court at any time.
3. A minimum of five players is recommended to start a match, subject to the applicable handball rules.
4. Substitutions shall be permitted in accordance with handball rules.
5. The final team list must be submitted to the Sports Department before the commencement of the tournament.

Match Duration

1. Each match shall consist of two halves of 15 minutes each, with a five-minute halftime interval.
2. The remaining time within the allotted 40-minute slot will be used for team changeovers and match preparation.
3. The referee's decision regarding timekeeping and the conduct of the match shall be final.
4. Teams must be ready to play at their scheduled times. Delays caused by a team may result in disciplinary action.

League Format

1. The tournament shall be conducted on a single round-robin league basis.
2. Each House shall play against the other three Houses in its respective category.
3. Each category will have six matches, making a total of 12 matches across both categories.
4. The House securing the highest number of points in each category shall be declared the winner.

Points System: Win: 2 points, Draw: 1 point to each team, Loss: 0 points & Walkover/Forfeiture: 2 points to the opposing team, subject to the decision of the Sports Department.

Ranking and Tie-Breaking

If two or more Houses finish with equal points, their final positions shall be determined in the following order:

1. Result of the match played between the tied Houses.
2. Higher overall goal difference.
3. Higher total number of goals scored.
4. If the tie remains unresolved and affects the final position, a penalty shoot-out shall be conducted under the supervision of the referee and the organising committee.

Drawn Matches

1. A match ending in a draw during the league stage shall remain a draw.
2. No extra time shall be played during a league match.
3. The points shall be awarded according to the prescribed points system.

Dress Code and Equipment

1. Players must wear their respective House T-shirts, black shorts and proper sports shoes.
2. Players must not wear jewellery, watches or any other item that may endanger themselves or other players.
3. The referee may prohibit the use of unsafe equipment or attire.
4. The use of appropriate protective equipment is encouraged wherever necessary.

Discipline and Conduct

1. Players must maintain discipline and demonstrate sportsmanship throughout the tournament.
2. Abusive language, deliberate rough play, misconduct or disrespect towards officials will not be tolerated.
3. The referee may issue warnings, suspensions or other penalties in accordance with the applicable rules.
4. House Masters and House Sports In-charges shall be responsible for ensuring proper discipline among their teams.
5. Any dispute shall be referred to the organising committee. Its decision on tournament administration shall be final.

Reporting and Walkover

1. Teams must report at least 15 minutes before their scheduled match.
2. Teams failing to report on time may be given a grace period of five minutes.
3. If a team fails to appear within the permitted period, the organising committee may award a walkover to the opposing team.
4. Any exceptional circumstances shall be decided by the organising committee.

Officials and Protests

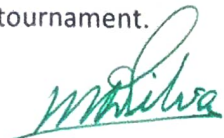
1. Matches shall be conducted under the supervision of the appointed referees and officials.
2. Only the authorised team representative may raise a formal objection.
3. Any protest must be submitted to the Sports Department immediately after the match.

4. Decisions concerning the interpretation of playing rules shall rest with the match officials.

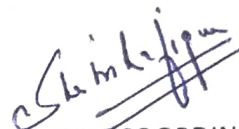
General Instructions

1. All participants must follow the instructions issued by the Sports Department.
2. The organising committee reserves the right to modify the schedule in the event of unavoidable circumstances.
3. All players and officials must uphold the spirit of fair play and the dignity of the institution.

The decision of the organising committee shall be final in all matters concerning the conduct of the tournament.



PRINCIPAL



SPORTS COORDINATOR

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SPORTS NOTICE

1. Inter-House Tennis Selections and Matches

The Inter-House Tennis Selections will be held on Sunday, 1st November 2026, at 9:00 a.m. at Gymkhana Club, Company Bagh.

In-charge: Mr. Utkarsh Kumar Sharma

The Inter-House Tennis Matches will be held on Monday, 2nd November 2026, at 9:00 a.m. at Gymkhana Club.

The selected boys must assemble in front of the Administrative Block at 8:45 a.m., from where Mr. Utkarsh Kumar Sharma will accompany them to Gymkhana Club.

2. Inter-House Handball Tournament

The Inter-House Handball Tournament will commence on Tuesday, 3rd November 2026, at 8:00 a.m. onwards.

3. Cross Country Race

The Cross Country Race will be held on Friday, 6th November 2026.

All participants are required to submit a Medical Fitness Certificate issued by a registered medical practitioner to their respective House Masters on or before 4th November 2026, during the Zero Period only.

Please note that participation in the Cross Country Race will not be permitted without the submission of a valid Medical Fitness Certificate.


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